

Pre-Travel Assessment Form

PLEASE RETURN YOUR COMPLETED FORM IN ADVANCE

Forms can be faxed to (03) 5976 4978 - Thank you

Name.....

Date of birth /..... /.....

Address.....

Telephone (day time)..... Mobile.....

Email.....

TRAVEL PLANS Departing /..... /..... Returning /..... /.....

Country and region or city	Duration of stay	Accommodation type (e.g. hotel, tent, backpacking)	Tick✓ if stay is <u>only</u> within city or resort

Please list countries you have visited previously:

Is your general health good? Yes No

Please list any significant health problems currently or in the past:

Have you had any of the following conditions?		
• Jaundice or hepatitis	Yes <input type="checkbox"/>	No <input type="checkbox"/>
• Sinus, ear or hearing problems	Yes <input type="checkbox"/>	No <input type="checkbox"/>
• Deep vein thrombosis or blood clots	Yes <input type="checkbox"/>	No <input type="checkbox"/>
• A condition which lowers immunity (e.g. cancer, HIV/AIDS, high dose steroids, splenectomy)	Yes <input type="checkbox"/>	No <input type="checkbox"/>
Have you ever fainted or felt unwell soon after an injection?	Yes <input type="checkbox"/>	No <input type="checkbox"/>
Are you allergic to eggs, medications, immunisations or other substances? If yes, please list any allergies:	Yes <input type="checkbox"/>	No <input type="checkbox"/>
Does someone with lowered immunity live at home with you?	Yes <input type="checkbox"/>	No <input type="checkbox"/>
For females only: Will you or could you be pregnant while away?	Yes <input type="checkbox"/>	No <input type="checkbox"/>

Will any children be travelling with you? If so, please complete:

Name	Age (just prior to travel)	Any illnesses	Any allergies

Name.....

BEFORE YOU SEE THE DOCTOR, PLEASE COMPLETE THE FOLLOWING TABLE WITH THE **VACCINES** YOU HAVE RECEIVED. You may need to check on previous medical or immunisation records.

IF YOU HAVE HAD ANY OF THE **ACTUAL INFECTIONS** PLEASE **CIRCLE** THE CONDITION.

VACCINE	YEAR	VACCINE	YEAR
Tetanus/Diphtheria OR Tetanus/Diphtheria/Pertussis (whooping cough)		Typhoid	
Measles/Mumps/Rubella		Hepatitis A	
Hepatitis B		Japanese encephalitis	
Varicella (Chickenpox)		Yellow Fever	
Polio (may have been combined with Tetanus/Diphtheria/Pertussis)		Rabies	
Influenza vaccine		Meningococcal ACWY*	
Pneumovax		Cholera	
Meningococcal C*			

* The meningitis vaccine provided at school or early childhood is Meningococcal C.
The meningococcal ACWY is primarily required for areas of Africa.

What to expect at your pre-travel consultation

The purpose of this consultation is to make your trip as safe and enjoyable as possible. We recommend you also obtain travel health insurance. Suggestions and requirements for travel are usually not absolute and vary according to the nature and duration of your travel, access to health facilities, the time of year, recent travel health alerts, your age (especially in the case of children), previous immunisations and general health. Some advice is very strongly recommended and other advice depends on your individual circumstances and preferences.

We will give you advice and recommendations and administer vaccines and medications tailored to your trip. Most of these are kept in stock but some vaccines (e.g. rabies and Japanese encephalitis) may need to be ordered in. Make your appointment at least 6 weeks and preferably 8+ weeks before you travel to allow enough time to complete the initial courses. However, it is never too late as some protection is better than none.

Notes:

Travel health information and vaccine costs





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Tanti Creek General Practice provides travel health advice, vaccinations and medications for people travelling overseas.

We aim to help you enjoy your travel by reducing your risk of illness during and after your trip. A travel health consultation is recommended at least 6 – 8 weeks before travelling, although it is never too late. Each person needs individual travel advice so please don't rely on what other travel companions may be receiving.

Vaccination and special precautions may need to be undertaken even when enjoying 'five star' type travel and accommodation to commonly visited countries. The staff working in the hotel kitchen may have come from their home where there is no clean water or adequate sanitation. There may be a measles outbreak in an under-vaccinated area of the most developed cities in the world. A scratch from a lovely domestic pet may transmit rabies. Mosquitoes also enjoy five star gardens.

Requirements for travel may include the following;

-  Updating the routine Australian Immunisation Schedule
-  For all less-developed countries, vaccination to prevent typhoid and hepatitis A
-  Anti-malarial medication and anti-mosquito advice
-  Management of acute, severe or chronic traveller's diarrhoea

Yellow fever vaccination certificates are mandatory when travelling through certain countries in Central and South America and Africa. We are licensed by the Health Department to provide this vaccination and certification.

We aim to give advice in accordance with the Australian Immunisation Handbook (NHMRC approved), World Health Organisation and the Centres for Disease Control advice and guidelines.

Vaccination detail

We stock the common childhood and travel vaccines for the convenience of our patients. They are kept under strict handling and refrigeration guidelines. The cost of vaccines supplied by us is less than RRP and we don't profit from them.#

The vaccinations that are recommended, after consultation with the doctor, will depend on the region(s) being travelled to, duration and condition of stay and season, as well as individual factors such as previous vaccinations or immunity, age (children and elderly) and other health issues including pregnancy.

Any information about previous vaccinations – from childhood through to most recently – is very helpful, so please bring details and exact or approximate dates of previous vaccination when you see the doctor.

Occasionally blood tests are required to determine a person's immunity to particular diseases especially if the vaccination history is not clear.

Notification of ages and vaccination status of children travelling BEFORE the travel consultation is particularly helpful.

Most vaccinations need at least two weeks to have their full effect. Some conditions need more than one vaccination – over time – to provide full protection.

* Prices are subject to change without notice in accordance with wholesale price changes and availability

Some vaccines have to be ordered in because they are not commonly required and stock that expires is at our expense

An idea of vaccine/medication costs

Please note these costs are approximate and are in addition to any consultation costs. This information sheet has been provided to you as a guide only, as vaccine and medication costs are dependent on current availability from our suppliers. Please speak to our receptionist to book a Travel Health consult to discuss your specific requirements with your doctor.

IN GENERAL:

Children or adults who have missed out on any of the Australian Immunisation Schedule should be updated.

Most travellers are recommended to have the **influenza** (flu) vaccine **\$20** at any time of year.

People aged 50 and over are recommended, even if not travelling, to have a **diphtheria/tetanus/pertussis** (+/- whooping cough) booster **\$45**

Measles, mumps, rubella **\$39** vaccine is recommended for people born between 1966-1994 or (if born since) didn't had two doses of MMR vaccine in childhood – This requires a special order (see below)

MOST TRAVELLERS TO DEVELOPING COUNTRIES (which include e.g. Bali, Fiji) require:

Typhoid vaccine **\$67** or three dose (live virus) oral course **\$37** [unless have had same in last three years]

Hepatitis A vaccine **\$71** If repeated after 6 months, this will give immunity for at least 20 years

OR a combination vaccine of Typhoid and Hep A **\$157**

Possibly:

Hepatitis B course (if this has not been given in childhood/high school) requires three doses (over a minimum of a month with a fourth dose later - but preferably over six months) with each dose at **\$24 each (x3 = \$72)†**

† Combined Hepatitis A and Hepatitis B **\$90** each (with repeat doses usually required)

OTHER VACCINES that may be required and are STOCKED AT THE CLINIC include:

Yellow Fever **\$114**

Polio **\$52**

VACCINES ONLY AVAILABLE through prescription or by SPECIAL ORDER include:

Meningococcal ACWY **\$87**

Rabies vaccine Three doses required (days 0, 7 and 28) – **\$130 each (x3 = \$390)**

Japanese encephalitis **\$253.00**

Hepatitis A Junior (for children) **\$39** **Hepatitis B Junior** (for children) **\$18**

Measles, mumps, rubella **\$39**

Combined **diphtheria, tetanus, pertussis AND POLIO** **\$79**

Antimalarial tablets are an additional cost

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